



Gettysburg Inner Loop



Creating safe places to ride and walk around Gettysburg

Planning for the new **Gettysburg Inner Loop Trail** is now underway. The goal is to create a safe bicycle and walking trail linking key places in Gettysburg and surrounding towns.

The goal is to have paved landscaped pathways connecting schools, shops, community destinations and homes. As much as possible, the walking and bicycling trail network will be off road and provide a safe car-free experience for youth, seniors, residents and tourists.



The trail will be a safe place for families to walk & ride.

What would be the benefits of the trail?

- * Provide a safe close-to-home place to exercise.
- * Encourage shopping in Gettysburg commercial areas.
- * Provide a safe alternative form of transportation
- * Provide safe ways to school for students
- * Relieve traffic congestion

Imagine wrapping up a hard day by taking a relaxing bicycle ride to the Rec Park... or a downtown movie... or a meal at a local eatery... or the beautiful Gettysburg National Military Park. *That's the good life.*

Did you know?

- * 65 % of Americans are overweight or obese
- * Bicycling and walking to key destinations are easy ways to get exercise
- * Nearly half the trips in the U.S. are one to three miles, within an easy bicycle ride
- * A recent HABPI survey found that 85% of respondents would bike and walk for exercise more, if there were good facilities conveniently located.

Investing in bicycling and walking facilities has big payoffs. In the Netherlands, 30 % of all trips are on bicycles (versus less than 1% in the U.S.) and has lower medical costs and mortality rates compared to the U.S.

Other communities in the region (such as Biglerville) are improving their walking and bicycling network.



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Questions and Answers about the Gettysburg Inner Loop

Why is this project so important?

In recent years, Americans, including many residents in Adams County, have been getting increasingly sedentary, leading to many health issues. The Surgeon General recommends getting 30 minutes of moderate exercise five times a week. However, only 25 % of Americans currently meet this goal.

How regular walking and bicycling can change your life

Regular exercise like walking and bicycling helps reduce the risk of obesity, cardiovascular disease, diabetes, osteoporosis, and many other health risks. In the United States, 40 percent of all trips are two miles or less, which is an easily bikeable distance. Consider walking or riding your bicycle for your short daily trips to work, school or for errands!

What are the goals of the project?

Gettysburg is generally a walkable community now, but needs improvements to be safer for walking and bicycle riding. The goal of this project is to create a paved landscaped pathway that would connect as many key places in town, such as schools, shops, homes and other important places. As much as possible, the loop will be off road and provide a safe car-free experience for youth, seniors, residents and tourists.

Where will the project be located?

The project team is currently identifying potential places in the area suitable for off-road paths and trails. "Bike-friendly" streets that are wide enough and have low traffic volume to allow bike lanes and markings will also be identified. We are looking for ideas from the public about good places for paths and bicycle lanes.

How would it be implemented?

There are a variety of federal and state programs available that fund bicycle facilities, such as planning and construction of paths and trails; bicycle lanes, signs and information such as maps and guides. Businesses, community organizations and foundations can also help with programs and promotion.

How can I stay informed about the project?

For more information about the project contact Healthy Adams Bicycle / Pedestrian Inc. (HABPI) Visit our website at www.habpi.org or call 717-642-8053.